



# CIRCUIT CATALOG 2017

*Incoming*  
CENTRAL AMERICA

Visit [hondurastraveling.hn](http://hondurastraveling.hn)





# INDEX

## CIRCUITS

Incoming Central América

### HONDURAS

MAYAN AND CARIBBEAN COAST  
MAYAN AND REEF  
MAYAN, NATURE AND LENCA TRAIL

### EL SALVADOR

THE BEST OF EL SALVADOR

### GUATEMALA

CULTURE & BEAUTY  
HERITAGE & CULTURE  
MAYAN TRIANGLE ALL INCLUSIVE

### MULTIDESTINATION

DISCOVER GUATEMALA AND HONDURAS  
EL SALVADOR AND HONDURAS EXPERIENCE  
GREEN & BLUE MAYAN ROUTE  
THE BEST OF GUATEMALA AND HONDURAS  
TREASURES OF CENTRAL AMERICA



# Welcome TO HONDURAS



Honduras, officially the Republic of Honduras (Spanish: República de Honduras), is a republic in Central America. It has at times been referred to as Spanish Honduras to differentiate it from British Honduras, which became modern-day Belize.

Honduras is bordered to the west by Guatemala, to the southwest by El Salvador, to the southeast by Nicaragua, to the south by the Pacific Ocean at the Gulf of Fonseca, and to the north by the Gulf of Honduras, a large inlet of the Caribbean Sea.

The region is considered a biodiversity hotspot because of the many plant and animal species found there. Like other countries in the region, it contains vast biological resources.

Honduras hosts more than 6,000 species of vascular plants, of which 630 (described so far) are orchids; around 250 reptiles and amphibians, more than 700 bird species, and 110 mammal species, of which half are bats.

The Punta is the main music of Honduras, with other sounds such as Caribbean salsa, merengue, reggae, and reggaeton all widely heard.







# MAYAN AND CARIBBEAN COAST

8 DAYS  
Tour

San Pedro Sula

Copan Ruins

Tela

La Ceiba

Roatán

DAY 01



SAN PEDRO SULA / COPAN RUINS

Reception at the International Airport of San Pedro Sula (Ramon Villeda Morales) and transfer to Copán Ruins. The rest of the afternoon at leisure to walk through the cobblestone streets and admire this picturesque agricultural town and quaint colonial charm. Overnight at Copan

DAY 02



COPAN RUINS

Breakfast and transfer to the Main Archaeological Site, the Acropolis, the Ball Court, the Hieroglyphic Stairway and the Great Plaza of the Stelae; as well as the Museum of Mayan Sculpture, acclaimed by experts as unique in the Mayan World. A masterpiece within the museum is the exact size replica of the famed Rosalila Temple, discovered in 1989. In the afternoon, you will have the choice between two tours: 1) Hacienda San Lucas this restored 100 year old farmhouse you will relax enjoying some breathtaking lovely views of town and the valley while enjoying a refreshing cold beverage or a savory cup of Honduran coffee you will take a horse back riding or hiking where you will visit the small archaeological site known as Los Sapos, 2) Macaw Mountain Bird Park, is an innovative tropical bird reserve in Copán Ruins that cares for rescued and endangered birds of the American tropics.

It offers a first class experience in an unspoiled part of the world. Here you learn about and interact with the intelligent, colorful birds of Central America. Overnight in Copán.

DAY 03



COPAN RUINS / TELA

Breakfast and departure to Tela. On the way, you will stop at Finca Santa Isabel for the Copan Coffee Tour. Here you will hike downhill through nice trails and see with your own eyes the process of growing, harvesting and roasting coffee, the traditional shaded grown way, from the plant nursery to the last processing of the coffee beans.

You will have lunch at a nice venue within the forest, close to a small waterfall. After lunch, transfer to Tela. Overnight at Tela.

DAY 04



TELA / LA CEIBA / ROATAN

After breakfast we will transfer to La Ceiba and you will have the choice between three tours: 1) Cangrejal Whitewater Rafting, Some of the best white water rafting in Central America can be done right here in La Ceiba. The Cangrejal River offers class II, III and IV rapids, all within a short 45 minutes distance from downtown La Ceiba. With lot's of drops, waterfalls, and narrow passages.

2) Pico Bonito National Park, Unquestionably one of the most diverse parks in Honduras, Pico Bonito covers an extension of land that goes from sea level to as high as 2,378 meters and in effect boasts the largest change of altitude in Honduras.

3) Cuero y Salado Wildlife Refuge, this wildlife refuge is especially dedicated to the preservation of the habitat for the endangered manatee. The park protects about 35 species of animals, including manatees, jaguars, jabirus, whiteface monkeys and other species of monkeys, as well as alligators and a great diversity of fish species. In the afternoon we will transfer to Roatan Island by ferry boat. Overnight at Roatan.





# planned HOTELS

FROM HONDURAS

## CATEGORIES

### STANDARD

### SUPERIOR

Copán	Plaza Copán	Marina Copán
Tela	Cesar Marisco	Telamar
Roatán	Paradise	Paradise
Roatán All Inclusive	Henry Morgan	Las Sirenas

DESTINATIONS

## tour SERVICES INCLUDES



### DAY 05 & 06



### ROATAN

These days you will have free time to enjoy the different activities the Island offers. Roatan is the largest and most developed of the three islands of the Bay Islands, where you can enjoy one of the best dive sites in the Caribbean.

The mountainous terrain of Roatan, in addition to the white sand beaches, turquoise waters, rich marine life is awesome, sports activities, theme parks and museums and cruise ship docks. Roatan is best to concentrate on the Caribbean, paradise where summer never ends. Overnights at Roatan.

### DAY 07



### ROATAN / SAN PEDRO SULA

In the morning day at Leisure to enjoy the sunny beach. Later in the afternoon transfer to the airport to take flight to San Pedro Sula. Overnight at San Pedro Sula

### DAY 08

### SAN PEDRO SULA

Breakfast and transfer to the airport to take flight back to your country.





# MAYAN AND REEF

8 DAYS  
Tour

San Pedro Sula

Copan Ruins

Roatán

## DAY 01 SAN PEDRO SULA / COPAN RUINS

Reception at the International Airport of San Pedro Sula (Ramon Villeda Morales) and transfer to Copán Ruins. The rest of the afternoon at leisure to walk through the cobblestone streets and admire this picturesque agricultural town and quaint colonial charm. Overnight at Copan.

## DAY 02 COPAN RUINS

Breakfast and transfer to the Main Archaeological Site, the Acropolis, the Ball Court, the Hieroglyphic Stairway and the Great Plaza of the Stelae; as well as the Museum of Mayan Sculpture, acclaimed by experts as unique in the Mayan World. A masterpiece within the museum is the exact size replica of the famed Rosalila Temple, discovered in 1989.

In the afternoon, you will have the choice between two tours: 1) Hacienda San Lucas this restored 100 year old farmhouse you will relax enjoying some breathtaking lovely views of town and the valley while enjoying a refreshing cold beverage or a savory cup of Honduran coffee you will take a horse back riding or hiking where you will visit the small archaeological site known as Los Sapos, 2) Macaw Mountain Bird Park, is an innovative tropical bird reserve in Copán Ruins that cares for rescued and endangered birds of the American tropics. It offers a first class experience in an unspoiled part of the world. Here you learn about and interact with the intelligent, colorful birds of Central America. Overnight at Copán.

## DAY 03 COPAN RUINS / SAN PEDRO SULA / ROATAN

Breakfast and departure to San Pedro Sula. On the way, you will stop at Finca Santa Isabel for the Copan Coffee Tour. Here you will hike downhill through nice trails and see with your own eyes the process of growing, harvesting and roasting coffee, the traditional shaded grown way, from the plant nursery to the last processing of the coffee beans.

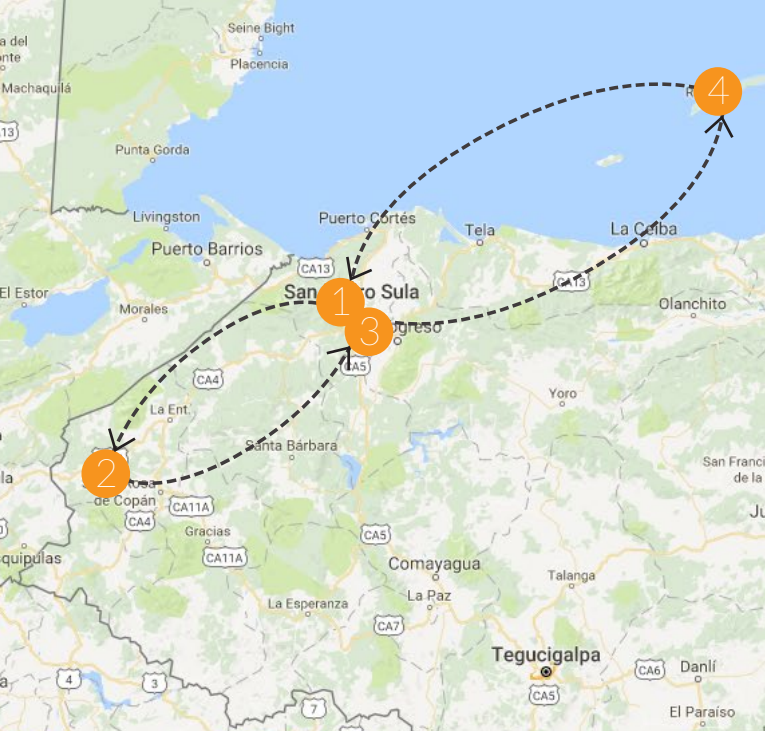
You will have lunch at a nice venue within the forest, close to a small waterfall. After lunch, transfer to San Pedro Sula international airport to take flight to Roatan. Overnight at Roatan.

## DAY 04 to 06 ROATAN

These days you will have free time to enjoy the different activities the Island offers. Roatan is the largest and most developed of the three islands of the Bay Islands, where you can enjoy one of the best dive sites in the Caribbean.

The mountainous terrain of Roatan, in addition to the white sand beaches, turquoise waters, rich marine life is awesome, sports activities, theme parks and museums and cruise ship docks. Roatan is best to concentrate on the Caribbean, paradise where summer never ends. Overnights at Roatan.





# planned HOTELS

FROM HONDURAS

## CATEGORIES

### STANDARD

### SUPERIOR

Copán	Plaza Copán	Marina Copán
Roatán	Paradise	Paradise
Roatán All Inclusive	Henry Morgan	Las Sirenas

DESTINATIONS

tour  
SERVICES INCLUDES



DAY 07



ROATAN / SAN PEDRO SULA

In the morning day at Leisure to enjoy the sunny beach. Later in the afternoon transfer to the airport to take flight to San Pedro Sula. Overnight at San Pedro Sula

DAY 08

SAN PEDRO SULA

Breakfast and transfer to the airport to take flight back to your country.



Visit [hondurastraveling.hn](http://hondurastraveling.hn)

**Honduras**  
Traveling  
Operadora de Turismo Honduras



# MAYAN, NATURE AND LENCA TRAIL

8 DAYS  
Tour

San Pedro Sula

Copan Ruins

Santa Rosa de Copan

Gracias

Lempira

La Esperanza

Yojoa Lake

Pulapanzak

Tela

DAY 01



SAN PEDRO SULA / COPAN RUINS

Reception at the International Airport of San Pedro Sula (Ramon Villeda Morales) and transfer to Copán Ruins. The rest of the afternoon at leisure to walk through the cobblestone streets and admire this picturesque agricultural town and quaint colonial charm. Overnight at Copan

DAY 02



COPAN RUINS

Breakfast and transfer to the Main Archaeological Site, the Acropolis, the Ball Court, the Hieroglyphic Stairway and the Great Plaza of the Stelae; as well as the Museum of Mayan Sculpture, acclaimed by experts as unique in the Mayan World. A masterpiece within the museum is the exact size replica of the famed Rosalila Temple, discovered in 1989.

In the afternoon, you will have the choice between two tours: 1) Hacienda San Lucas this restored 100 year old farmhouse you will relax enjoying some breathtaking lovely views of town and the valley while enjoying a refreshing cold beverage or a savory cup of Honduran coffee you will take a horse back riding or hiking where you will visit the small archaeological site known as Los Sapos, 2) Macaw Mountain Bird Park, is an innovative tropical bird reserve in Copán Ruins that cares for rescued and endangered birds of the American tropics. It offers a first class experience in an unspoiled part of the world. Here you learn about and interact with the intelligent, colorful birds of Central America. Overnight at Copán.

DAY 03



COPAN RUINS / SANTA ROSA DE COPAN / GRACIAS

Breakfast and departure to Gracias. On the way, you will stop at Finca Santa Isabel for the Copan Coffee Tour. Here you will hike downhill through nice trails and see with your own eyes the process of growing, harvesting and roasting coffee, the traditional shaded grown way, from the plant nursery to the last processing of the coffee beans.

You will have lunch at a nice venue within the forest, close to a small waterfall. After lunch, transfer to Santa Rosa de Copan where you will visit a Cigar Factory where famous Honduran cigars ranked 3rd in the world are produced. Here the whole process of producing cigars can be observed. Then we will continue to Gracias, Lempira. Overnight at Gracias, Lempira.

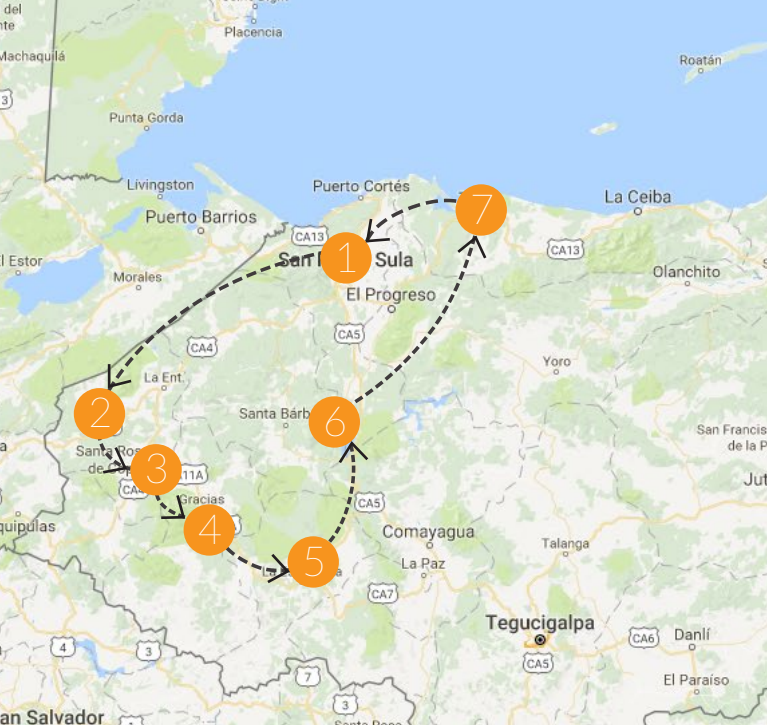
DAY 04



GRACIAS, LEMPIRA

After breakfast you will have the choice between two tours: 1) Extreme Canopy Tour, Canopy La Campa is the highest and longest in Central America; consists of 6 lines of wire rope with 600 meters of length and 200 meters of height in one of his sections. 2) Celaque National Park, It includes Honduras tallest peak, called Cerro Las Minas or Pico Celaque, which reaches approximately 2,870 metres (9,416 ft) above mean sea level. The park is classified as a cloud forest with a mean precipitation of 1,600 mm at lower altitudes and a mean of 2,400 mm at higher altitudes. In the afternoon we will visit the San Cristobal Fort known as a military building, it is located geostrategically in the hilltop of San Cristobal of the City of Gracias, Lempira, allowing a full view of the city and the valley.





# planned HOTELS

## CATEGORIES

### STANDARD

### SUPERIOR

Copán	Plaza Copán	Marina Copán
Gracias	Posada de Don Juan	Posada de Don Juan
Yojoa Lake	Casa Lenca	Casa Lenca
Tela	Cesar Marisco	Telamar

DESTINATIONS

## tour SERVICES INCLUDES



Later in the afternoon we will take you to relax your body to the hot springs Termas del Rio where you will have the opportunity to enjoy the benefits and healing properties of the famous thermal waters whose temperature ranges between 40 ° C and 48 ° C, which ensures a unique feeling of tranquility and peace. Overnight at Gracias, Lempira.

### DAY 05



## GRACIAS / LA ESPERANZA / YOJOA LAKE

After breakfast, we will travel to La Esperanza that's located about 1,600 meters over the sea level. Due to this altitude the climate is very cool, thus making it the ideal place for growing vegetables and fruits. La Esperanza is one of the few places in Honduras where the culture of the Lencas is still alive. You will have time enough to get to know their way of living and to observe how they produce their typical clothes. Today, you will visit la Casa de la Cultura and a beautiful Bosque Enano (forest with small trees).

Then we will transfer to Yojoa lake but in our way we will stop at Taulabé Caves part of a natural cave system that spreads throughout the municipality of Taulabé. As with most caves, the inside of Taulabé is moist and warm. Thanks to the light fixtures that have been installed, visitors can enjoy an almost magical scene where admiration for nature merges with silent respect. Overnight at Yojoa Lake.

### DAY 06



## YOJOA LAKE / PULLAPANZAK WATERFALLS / TELA

After breakfast we will take a boat tour in a natural lake in Honduras. World famous for its black bass fishing, offers a unique scenery, a cool climate for a refreshing change from the hot lowlands of the north coast. Lake Yojoa offers some of the best bird watching opportunities in the country. In the afternoon we will visit the beautiful Pullapanzak Waterfalls, located a short 30 minutes ride from the lake. We will have time for swimming and bird watching. Then we will travel to Tela. Overnight at Tela.

### DAY 07



## TELA

After breakfast we will take a tour to Jeannette Kawas National Park; Formerly known as Punta Sal, Jeannette Kawas is a fantastic park accessible only by water. It is a unique reserve with abundant bird life, which is divided into two basic areas: The Peninsula and the Lagoon of Los Micos. The Peninsula is home to a tropical rain forest, and is inhabited by various interesting animals, the most visible of which is the howler monkey. This tour starts early in the morning in San Pedro Sula. In Tela you will go on board of a motorboat which will take you to the Jeannette Kawas National Park.

En route, with some luck you will see some dolphins. You will cross the Peninsula by feet during a 25 minutes hike over flat land to arrive at the very secluded cove of Puerto Escondido, reputed to have been a pirate hang out, where you will board the boat back. En route, you may see different birds and with luck, some of the noisy howler monkeys, which inhabit the area. Lunch will be served at a pretty beach. In the afternoon day at Leisure to enjoy the sunny beach. Overnight at Tela.

### DAY 08

## TELA / SAN PEDRO SULA

Breakfast and transfer to the San Pedro Sula airport to take flight back to your country.







# Welcome TO EL SALVADOR



El Salvador, officially the Republic of El Salvador (Spanish: República de El Salvador, literally "Republic of The Savior"), is the smallest and the most densely populated country in Central America. El Salvador's capital and largest city is San Salvador.

As of 2015, the country had a population of approximately 6.38 million, consisting largely of Mestizos of European and Indigenous American descent.

El Salvador has a Tropical climate with pronounced wet and dry seasons. Temperatures vary primarily with elevation and show little seasonal change.

Mestizo culture dominates the country, heavy in both Native American Indigenous and European Spanish influences. A new composite population was formed as a result of intermarrying between the native Mesoamerican population of Cuzcatlan with the European settlers.

The Catholic Church plays an important role in the Salvadoran culture. Archbishop Óscar Romero is a national hero for his role in resisting human rights violations that were occurring in the lead-up to the Salvadoran Civil War.





# THE BEST OF EL SALVADOR

## 8 DAYS Tour

San Salvador

Cerro Verde

Ataco

Tazumal

Santa Ana

Joya de Ceren

Suchitoto

El Tunco or Costa del Sol

DAY 01

SAN SALVADOR

Arrival to El Salvador International airport. Transfer from the airport to San Salvador. Overnight at San Salvador.

DAY 02



SAN SALVADOR / CERRO VERDE / ATACO

After breakfast, we head out to Cerro Verde National Park, a dormant volcano covered by foliage of dense and bio – diverse cloud – forest. During our visit, we explore its crater and admire the spectacular panoramic views of the Izalco Volcano, Ilamatepeque Volcano, and Lake Coatepeque.

In the afternoon, we set out to explore the “Ruta de las Flores” (Flower Route), known for its explosion of blooms that appear every winter. We pass through quaint villages to finally arrive at the colonial gem of Ataco, set between mountain and coffee plantations. Overnight at Ataco.

DAY 03



ATACO

After breakfast we will visit a coffee plantation and learn about the process of cultivation, harvest and roasting. Our tour includes a visit to the ancient manor house, where we enjoy a fresh cup of coffee prepared with the ancient method of “Chorreador” (straining fresh brewed coffee to allow delicious aromas to develop). Rest of the day at leisure to explore on your own the cobblestone streets of Ataco and admire the colorful murals that cover the walls of the inhabitant’s colonial houses, a tradition that makes you want to return to this beautiful town. We recommend you visit the craft shops so that you can take a souvenir with you. Overnight at Ataco.

DAY 04



ATACO / TAZUMAL / SANTA ANA / JOYA DE CEREN / SUCHITOTO

After Breakfast we set out towards the archeological site of Tazumal el Salvador’s most important ceremonial Mayan Center. We then continue to Santa Ana, the second most important city of the country, we will explore its historic center, where we will visit places of interest like the National Theatre, the Main Plaza and the gothic styled Cathedral.

Afterwards, we will set off to explore Joya de Ceren, aptly known as the “Pompeii of the Americas”. It is considered to be the most important archeological discovery in Latin America in recent years and declared World Heritage of Human Kind by UNESCO. After the visit, we continue to Suchitoto. Overnight at Suchitoto.

DAY 05



SUCHITOTO

Breakfast and we will dedicate the morning to visit El Salvador’s most preserved colonial town, important for its indigo trade during the colonial period. Overnight at Suchitoto.

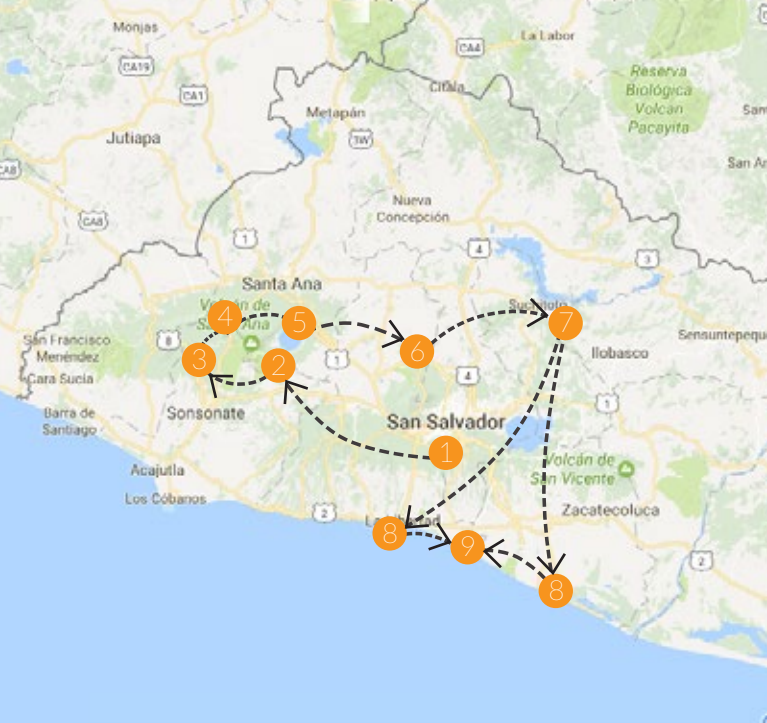
DAY 06



SUCHITOTO / EL TUNCO OR COSTA DEL SOL BEACH

Breakfast and at the pre – arranged time, we depart towards the beach. On route, we recommend an optional visit (not included) through San Salvador, to explore its principal streets, monuments, and sites of interest like the relief map, crafts market and the historic center in which we can walk to Plaza Barrios, the National Palace and Monsignor Romero’s grave, Nobel Peace Prize and later we will arrive to El Tunco or Costa del Sol. Overnight at El Tunco or Costa del Sol.





# planned HOTELS

FROM EL SALVADOR

CATEGORIES

STANDARD

SUPERIOR

San Salvador	Villa Terra	Real Intercontinental
Ataco	Misión de Ángeles	Misión de Ángeles
Suchitoto	Posada de Suchitlán	Los Almendros de San Lorenzo
El Tunco	TEAKUANI KAL / LODGE	Boca Olas Resort
Costa del Sol	Tortuga Village	Tortuga Village

DESTINATIONS

tour  
SERVICES INCLUDES



DAY 07



EL TUNCO OR COSTA DEL SOL BEACH

Breakfast. Day at leisure to enjoy the sun and the warm Pacific Ocean temperatures. Option of adding more nights at the beach to your stay. Overnight at El Tunco or Costa del Sol beach.

DAY 08



EL TUNCO OR COSTA DEL SOL BEACH / EL SALVADOR AIRPORT

Breakfast and at the pre - arranged time, we depart to San Salvador's International airport to board your flight back to your country.



Visit [hondurastraveling.hn](http://hondurastraveling.hn)

Honduras  
Traveling





# Welcome TO GUATEMALA



Guatemala, officially the Republic of Guatemala (Spanish: República de Guatemala), is a country in Central America bordered by Mexico to the north and west, the Pacific Ocean to the southwest, Belize to the northeast, the Caribbean to the east, Honduras to the east and El Salvador to the southeast.

With an estimated population of around 15.8 million, it is the most populous state in Central America. A representative democracy, Guatemala's capital and largest city is Nueva Guatemala de la Asunción, also known as Guatemala City.

The territory of modern Guatemala once formed the core of the Maya civilization, which extended across Mesoamerica. Most of the country was conquered by the Spanish in the 16th century, becoming part of the viceroyalty of New Spain. Guatemala attained independence in 1821 as part of the Federal Republic of Central America, which dissolved in 1841.

Guatemala has produced many indigenous artists who follow centuries-old Pre-Columbian traditions. Reflecting Guatemala's colonial and post-colonial history, encounters with multiple global art movements.







# CULTURE & BEAUTY

5 DAYS  
Tour

Guatemala City

Panajachel

Chichicastenango

Antigua Guatemala

DAY 01

GUATEMALA CITY

Reception at Intl Airport La Aurora, assistance and transfer to hotel. Overnight at Guatemala city.

DAY 02



GUATEMALA CITY / SANTIAGO ATITLAN / PANAJACHEL

After breakfast we will transfer to the highlands of Atitlan Lake and arrive to Panajachel to take a boat trip to visit nearby communities including the town of Santiago Atitlan home of the Santo Maya. At the end of these visits we will return by boat to Panajachel. Overnight at Panajachel

DAY 03



PANAJACHEL / CHICHICASTENANGO\* / ANTIGUA GUATEMALA

(\*Open Thursday and Sunday)

After breakfast we will transfer from Panajachel to Chichicastenango, each Thursday and Sunday, we enjoy the indigenous market most important in the region. We visit the Santo Tomás church and we have free time for shopping and lunch by your own.

Later in the afternoon we will transfer to Antigua Guatemala founded by the Spanish in 1543, it's considered like one of the most beautiful colonial cities in Latin America. It was declared Cultural Heritage of Human Kind by UNESCO. Overnight at Antigua Guatemala.

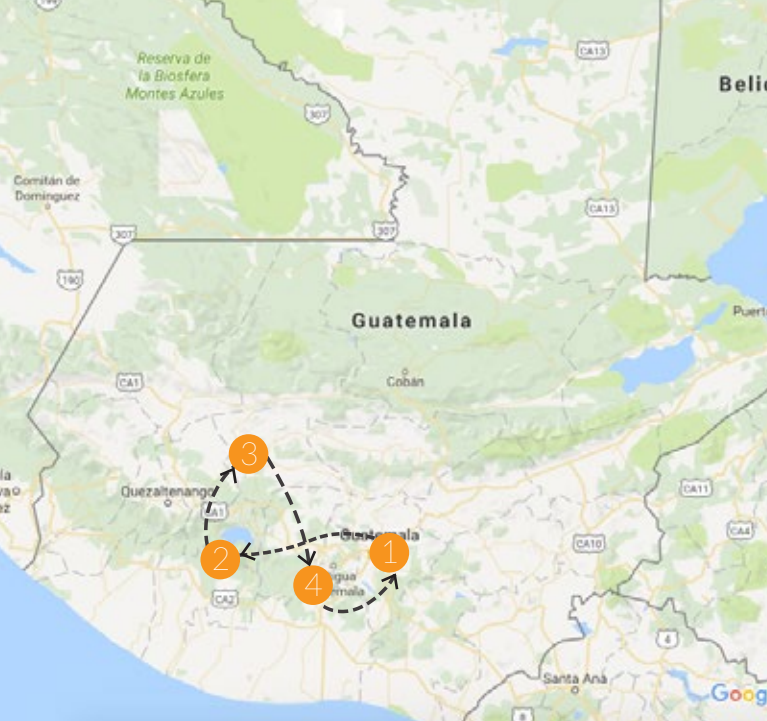


Visit [hondurastraveling.hn](http://hondurastraveling.hn)





# planned HOTELS



## CATEGORIES

## STANDARD

## SUPERIOR

## DESTINATIONS

Guatemala	Crown Plaza	Raddison
Atitlán	Jardines del Lago	Porta del Lago
Antigua	Villa Colonia	Camino Real Antigua

## tour SERVICES INCLUDES



## DAY 04



## ANTIGUA GUATEMALA

Breakfast in the hotel and then guided visit in Antigua Guatemala, Where we will walk through this picturesque city of cobblestone streets; colonial jewel of Central America visiting the 12 main sites like Cathedral, Central Park, Merced Church. Afternoon at leisure to discover the city on your own. Overnight at Antigua Guatemala.

## DAY 05

## ANTIGUA GUATEMALA / AIRPORT

Breakfast and at the pre - arranged time, we depart to Guatemala International airport to board your flight back to your country.







# HERITAGE & CULTURE

7 DAYS  
Tour

Guatemala City

Panajachel

Santiago Atitlán

Chichicastenango

Antigua Guatemala

Flores, Petén

DAY 01

GUATEMALA CITY

Reception at Intl Airport La Aurora, assistance and transfer to hotel. Overnight at Guatemala city.

DAY 02



GUATEMALA CITY / SANTIAGO ATITLAN / PANAJACHEL

After breakfast we will transfer to the highlands of Atitlan Lake and arrive to Panajachel to take a boat trip to visit nearby communities including the town of Santiago Atitlan home of the Santo Maya. At the end of these visits we will return by boat to Panajachel. Overnight at Panajachel

DAY 03



PANAJACHEL / CHICHICASTENANGO\* / ANTIGUA GUATEMALA

\*Open Thursday and Sunday

After breakfast we will transfer from Panajachel to Chichicastenango, each Thursday and Sunday, we enjoy the indigenous market most important in the region. We visit the Santo Tomás church and we have free time for shopping and lunch by your own.

Later in the afternoon we will transfer to Antigua Guatemala founded by the Spanish in 1543, it's considered like one of the most beautiful colonial cities in Latin America. It was declared Cultural Heritage of Human Kind by UNESCO. Overnight at Antigua Guatemala.

DAY 04



ANTIGUA GUATEMALA

Breakfast in the hotel and then guided visit in Antigua Guatemala, Where we will walk through this picturesque city of cobblestone streets; colonial jewel of Central America visiting the 12 main sites like Cathedral, Central Park, Merced Church.

Afternoon at leisure to discover the city on your own. Overnight at Antigua Guatemala.

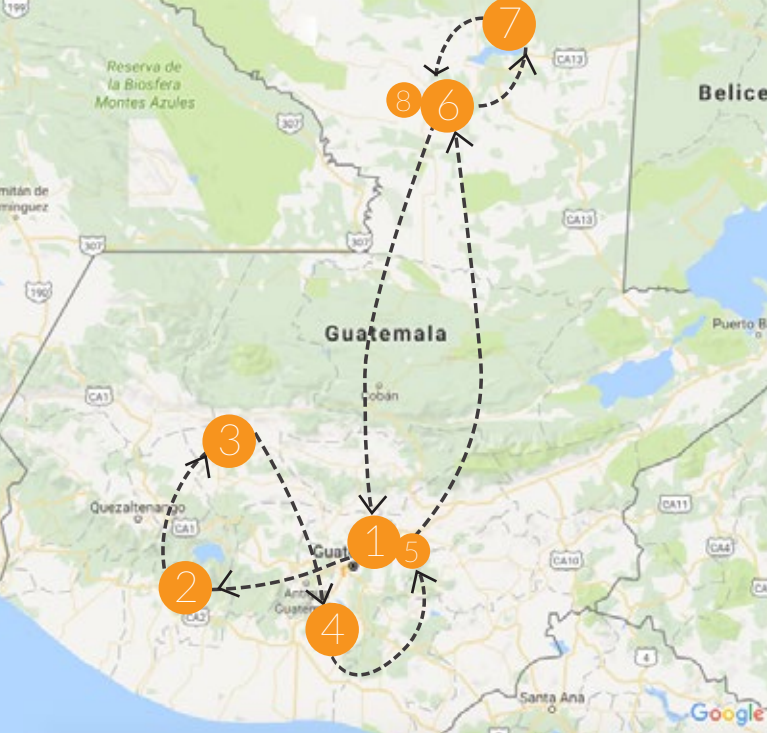
DAY 05



ANTIGUA GUATEMALA / FLORES, PETEN

Early morning transfer to airport for flight to the city of Flores. Arrival to Mundo Maya Peten Airport and transfer to Tikal National Park for tour with picnic lunch included. At the end of the afternoon transfer to Flores. Overnight at Flores.

AIR TICKET GUATEMALA - FLORES - GUATEMALA INCLUDED (RT)



# planned HOTELS

FROM GUATEMALA

DESTINATIONS

CATEGORIES

	STANDARD	SUPERIOR
Guatemala	Crown Plaza	Radisson
Atlitán	Jardines del Lago	Porta del Lago
Antigua	Villa Colonial	Camino Real Antigua
Petén	Villa Maya	Camino Real Tikal

tour  
SERVICES INCLUDES



DAY 06



FLORES / GUATEMALA CITY

Breakfast in the hotel. Free day to visit other archaeological sites, Yaxha, Ceibal Aguatemala, etc. In the afternoon transfer to Mundo Maya airport for flight to Guatemala city.

(Option return early and panoramic city) Overnight at Guatemala city.

DAY 07

GUATEMALA CITY

Breakfast and at the pre - arranged time, we depart to Guatemala International airport to board your flight back to your country.



Visit [hondurastraveling.hn](http://hondurastraveling.hn)

Honduras  
Traveling





# MAYAN TRIANGLE

8 DAYS  
Tour

Guatemala city

Zacapa

Copan Ruins

Quirigua Park

Flores, Peten

Tikal National Park

Rio Dulce

Livingston

Antigua Guatemala

## DAY 01 GUATEMALA CITY / ZACAPA

Reception at Intl Airport La Aurora, assistance and transfer to hotel. Overnight in Zacapa and welcome dinner.

## DAY 02 ZACAPA / COPAN HONDURAS / ZACAPA

Breakfast in the hotel and transfer to Copán Ruins, Honduras to visit the archaeological site. Copan was developed as an urban center during the classic period of the Maya civilization. The settlement reached a population of 20,000 inhabitants. It was ruled by a dynasty of 16 Maya kings. It was one of the Mayan centers contributed most to the development of astronomy; astronomy there several congresses are held today. Lunch at Copan. Return to Valle Dorado Resort for accommodation and dinner.

## DAY 03 ZACAPA / QUIRIGUA / TIKAL

Breakfast in the hotel. Morning departure to the archaeological site of Quirigua, is located in the department of Izabal and is characterized by its unique Mayan stelae.

This was one of the most important Mayan cities with political, religious and economic power. Lunch in Rio Dulce along the river. After the visit we will continue our journey to the city of Flores Peten for accommodation and dinner.

## DAY 04 FLORES / TIKAL / RIO DULCE

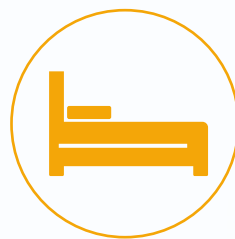
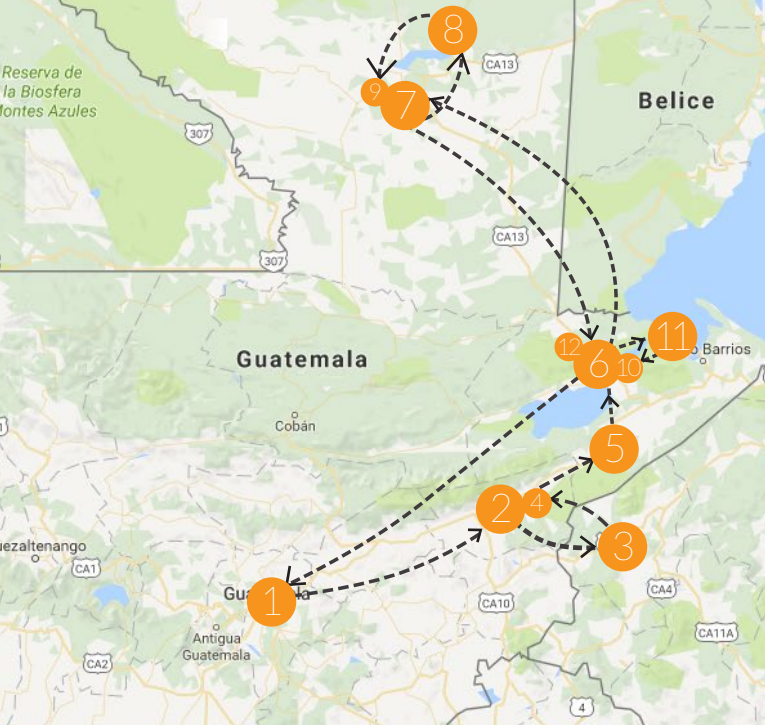
Breakfast in the hotel. Later transfer to Tikal national park, declared World Heritage by UNESCO (1979), one of the most important and emblematic, Maya complex with temples, trails, rainforest and historic cultural treasure, which unfolds before your eyes during the walk through the lush jungle. picnic lunch. Transfer to Rio Dulce for accommodation and dinner.

## DAY 05 RIO DULCE / LIVINGSTON / ZACAPA

Breakfast in the hotel. We will take a boat to visit along the Rio Dulce starting with a panoramic view of the Castillo de San Felipe de Lara, visit the hot springs, the river canyon (two cliffs covered with rich forest flora and fauna) which leads to the Livingston population, Afro-Caribbean village, known for its friendly and happy people, with music of drums, dances and Garifuna culture. Lunch in Livingston. Later transfer to Zacapa Valle Dorado Resort for accommodation and dinner.

## DAY 06 ZACAPA - VALLE DORADO RESORT

Breakfast in the hotel. Day of recreation ALL INCLUSIVE, where we can enjoy the water park, meals and unlimited drinks, 1 million square meters of fun, special areas for children, bars, convenience stores, jacuzzis, gym, Wi-Fi, the best and largest water park in the area, 'Canopy' natural lagoon for boating and kayaking, and more, to taste a variety of traditional food and drink. Accommodation at Zacapa.



planned  
HOTELS

FROM GUATEMALA

DESTINATIONS

CATEGORIES

STANDARD

SUPERIOR

Guatemala	Crown Plaza	Radisson
Zacapa	Valle Dorado	Valle Dorado
Petén	Villa Maya	Camino Real Tikal
Rio Dulce	Hacienda Tijax	Banana Palms
Antigua Guatemala	Camino Real Antigua	Villa Colonial

tour  
SERVICES INCLUDES



DAY 07



ZACAPA / ANTIGUA GUATEMALA

Breakfast in the hotel. Transfer to Guatemala city, we will take a scenic drive in the village, visiting the main sites and shopping time and lunch at City Cayalá. In the afternoon transfer to the city of Antigua Guatemala, colonial Heritage, declared by UNESCO in 1979, walking through the cobbled streets we realize that seems a city suspended in time, where we will go back in time of the colony. Accomadation at Antigua and farewell dinner.

DAY 08



ANTIGUA GUATEMALA / GUATEMALA CITY

Breakfast in the hotel. At the pre – arranged time, we depart to International airport to board your flight back to your country.



Visit [hondurastraveling.hn](http://hondurastraveling.hn)

Honduras  
Traveling







# Welcome TO CENTRAL AMERICA



Central America (Spanish: "América Central" or "Centroamérica") is the southernmost, isthmian portion of the North American continent, which connects with South America on the southeast.

Central America is bordered by Mexico to the north, Colombia to the southeast, the Caribbean Sea to the east, and the Pacific Ocean to the west. Central America consists of seven countries: Belize, Guatemala, El Salvador, Honduras, Nicaragua, Costa Rica and Panama. The combined population of Central America is between 41,739,000 (2009 estimate) and 42,688,190 (2012 estimate).

Central America is part of the Mesoamerican biodiversity hotspot, boasting 7% of the world's biodiversity. The Pacific Flyway is a major north-south flyway for migratory birds in the Americas, extending from Alaska to Tierra del Fuego.

Due to the funnel-like shape of its land mass, migratory birds can be seen in very high concentrations in Central America, especially in the spring and autumn. As a bridge between North America and South America, Central America has many species from the Nearctic and the Neotropic ecozones.







# DISCOVER GUATEMALA AND HONDURAS

## 11 DAYS Tour

Guatemala City

Santiago Atitlán

Panajachel

Chichicastenango

Antigua Guatemala

Copan Ruins

Tela

La Ceiba

Roatán

### DAY 01

#### AIRPORT / GUATEMALA CITY

Reception at Intl Airport La Aurora, assistance and transfer to hotel. Overnight at Guatemala city.

### DAY 02



#### GUATEMALA CITY / SANTIAGO ATITLÁN / PANAJACHEL

After breakfast we will transfer to the highlands of Atitlan Lake and arrive to Panajachel to take a boat trip to visit nearby communities including the town of Santiago Atitlan home of the Santo Maya. At the end of these visits we will return by boat to Panajachel. Overnight at Panajachel.

### DAY 03



#### PANAJACHEL / CHICHICASTENANGO\* / ANTIGUA GUATEMALA

\*Open Thursday and Sunday

After breakfast we will transfer from Panajachel to Chichicastenango, each Thursday and Sunday, we enjoy the indigenous market most important in the region. We visit the Santo Tomás church and we have free time for shopping and lunch by your own.

Later in the afternoon we will transfer to Antigua Guatemala founded by the Spanish in 1543, it's considered like one of the most beautiful colonial cities in Latin America. It was declared Cultural Heritage of Human Kind by UNESCO. Overnight at Antigua Guatemala.

### DAY 04



#### ANTIGUA GUATEMALA

Breakfast in the hotel and then guided visit in Antigua Guatemala, Where we will walk through this picturesque city of cobblestone streets; colonial jewel of Central America visiting the 12 main sites like Cathedral, Central Park, Merced Church. Afternoon at leisure to discover the city on your own. Overnight at Antigua Guatemala.

### DAY 05



#### ANTIGUA GUATEMALA / COPAN RUINS

Breakfast in Antigua, Guatemala and transfer to Copán Ruins. The rest of the afternoon at leisure to walk through the cobblestone streets and admire this picturesque agricultural town and quaint colonial charm. Overnight at Copan.

### DAY 06



#### COPAN RUINS

Breakfast and transfer to the Main Archaeological Site, the Acropolis, the Ball Court, the Hieroglyphic Stairway and the Great Plaza of the Stelae; as well as the Museum of Mayan Sculpture, acclaimed by experts as unique in the Mayan World. A masterpiece within the museum is the exact size replica of the famed Rosalila Temple, discovered in 1989.

In the afternoon, you will have the choice between two tours: 1) Hacienda San Lucas this restored 100 year old farmhouse you will relax enjoying some breath taking lovely views of town and the valley while enjoying a refreshing cold beverage or a savoury cup of Honduran coffee you will take a horseback riding or hiking where you will visit the small archaeological site known as Los Sapos, 2) Macaw Mountain Bird Park, is an innovative tropical bird reserve in Copán Ruins that cares for rescued and endangered birds of the American tropics. It offers a first class experience in an unspoiled part of the world. Here you learn about and interact with the intelligent, colorful birds of Central America. Overnight in Copán.



# planned HOTELS

FROM CENTRAL AMERICA

## CATEGORIES

### STANDARD

### SUPERIOR

## DESTINATIONS

Guatemala	Crown Plaza	Radisson
Atitlan	Jardines del Lago	Portal del Lago
Antigua	Villa Colonial	Camino Real Antigua
Copán	Plaza Copán	Marina Copán
Tela	Cesar Mariscos	Telamar
Roatán	Paradise	Paradise
Roatán All Inclusive	Henry Morgan	Las Sirenas

## tour SERVICES INCLUDES



### DAY 07



### COPAN RUINS / TELA

Breakfast and departure to Tela. On the way, you will stop at Finca Santa Isabel for the Copan Coffee Tour. Here you will hike downhill through nice trails and see with your own eyes the process of growing, harvesting and roasting coffee, the traditional shaded grown way, from the plant nursery to the last processing of the coffee beans. You will have lunch at a nice venue within the forest, close to a small waterfall. After lunch, transfer to Tela. Overnight at Tela.

### DAY 08



### TELA / LA CEIBA / ROATAN

After breakfast we will transfer to La Ceiba and you will have the choice between three tours:

- 1) Cangrejal Whitewater Rafting, Some of the best white water rafting in Central America can be done right here in La Ceiba. The Cangrejal River offers class II, III and IV rapids, all within a short 45 minutes distance from downtown La Ceiba. With lot's of drops, waterfalls, and narrow passages.
- 2) Pico Bonito National Park, Unquestionably one of the most diverse parks in Honduras, Pico Bonito covers an extension of land that goes from sea level to as high as 2,378 meters and in effect boasts the largest change of altitude in Honduras.
- 3) Cuero y Salado Wildlife Refuge, this wildlife refuge is especially dedicated to the preservation of the habitat for the endangered manatee. The park protects about 35 species of animals, including manatees, jaguars, jabirus, whiteface monkeys and other species of monkeys, as well as alligators and a great diversity of fish species. In the afternoon we will transfer to Roatán Island by ferry boat. Overnight at Roatán.

### DAY 09 - 10



### ROATAN

These days you will have free time to enjoy the different activities the Island offers. Roatán is the largest and most developed of the three islands of the Bay Islands, where you can enjoy one of the best dive sites in the Caribbean.

The mountainous terrain of Roatán, in addition to the white sand beaches, turquoise waters, rich marine life, sports activities, theme parks, museums and cruise ship docks. Roatán is best to concentrate on the Caribbean, paradise where summer never ends. The island is completely surrounded by amazing coral reefs, it's located by the second largest coral reef in the world.

### DAY 11



### ROATAN

Breakfast and leisure to enjoy the beach. At the pre - arranged time, we depart to Roatan International airport to board your flight back to your country.





# EL SALVADOR AND HONDURAS EXPERIENCE

## 11 DAYS Tour

San Salvador   Cerro Verde   Ataco   Tazumal   Santa Ana   Joya de Ceren   Suchitoto   Copan   Tela   La Ceiba   Roatán

### DAY 01

### SAN SALVADOR

Arrival to El Salvador International airport. Transfer from the airport to San Salvador. Overnight at San Salvador.

### DAY 02



### SAN SALVADOR / CERRO VERDE / ATACO

After breakfast, we head out to Cerro Verde National Park, a dormant volcano covered by foliage of dense and bio – diverse cloud – forest. During our visit, we explore its crater and admire the spectacular panoramic views of the Izalco Volcano, Ilamatepequec Volcano, and Lake Coatepeque. In the afternoon, we set out to explore the “Ruta de las Flores” (Flower Route), known for its explosion of blooms that appear every winter. We pass through quaint villages to finally arrive at the colonial gem of Ataco, set between mountain and coffee plantations. Overnight at Ataco.

### DAY 03



### ATACO

After breakfast we will visit a coffee plantation and learn about the process of cultivation, harvest and roasting. Our tour includes a visit to the ancient manor house, where we enjoy a fresh cup of coffee prepared with the ancient method of “Chorreador” (straining fresh brewed coffee to allow delicious aromas to develop) Rest of the day at leisure to explore on your own the cobblestone streets of Ataco and admire the colorful murals that cover the walls of the inhabitant’s colonial houses, a tradition that makes you want to return to this beautiful town. We recommend you visit the craft shops so that you can take a souvenir with you. Overnight at Ataco.

### DAY 04



### ATACO / TAZUMAL / SANTA ANA / JOYA DE CEREN / SUCHITOTO

After Breakfast we set out towards the archeological site of Tazumal el Salvador’s most important ceremonial Mayan Center. We then continue to Santa Ana, the second most important city of the country, we will explore its historic center, where we will visit places of interest like the National Theatre, the Main Plaza and the gothic styled Cathedral.

Afterwards, we will set off to explore Joya de Ceren, aptly known as the “Pompeii of the Americas”. It is considered to be the most important archeological discovery in Latin America in recent years and declared World Heritage of Human Kind by UNESCO. After the visit, we continue to Suchitoto. Overnight at Suchitoto.

### DAY 05



### SUCHITOTO

Breakfast and we will dedicate the morning to visit El Salvador’s most preserved colonial town, important for its indigo trade during the colonial period. Overnight at Suchitoto.

### DAY 06



### SUCHITOTO / COPAN

Early in the morning after breakfast we set out to Honduras. El Salvador’s neighboring country, to visit the ruins of Copán; Honduras’ most significant pre-Columbian ruins and the most elaborate of all the Mayan cities. We will enjoy a full day to explore its sprawling ball court, the Great Plaza, the Hieroglyphic Stairway – 63 steps with 2,500 symbols carved into stone. We continue our visit to the Mayan Sculpture Museum and then head out to explore the town of Copán. The rest of the afternoon at leisure to walk through the cobblestone streets and admire this picturesque agricultural town and quaint colonial charm. Overnight at Copan.



# planned HOTELS

FROM CENTRAL AMERICA

CATEGORIES

STANDARD

SUPERIOR

DESTINATIONS

San Salvador	Villa Terra	Rela Intercontinental
Ataco	Misión de Ángeles	Misión de Ángeles
Suchitoto	Posada de Suchitlán	Los Almendros de San Lorenzo
Copán	Plaza Copán	Marina Copán
Tela	Cesar Mariscos	Telamar
Roatán	Paradise	Paradise
Roatán All Inclusive	Henry Morgan	Las Sirenas

## tour SERVICES INCLUDES



DAY 07



COPAN / TELA

After breakfast we will departure to Tela. At our arrival to Tela we will have the rest of the day at Leisure to enjoy the sunny beach. Overnight at Tela.

DAY 08



TELA / LA CEIBA / ROATAN

After breakfast we will transfer to La Ceiba and you will have the choice between three tours:

- 1) Cangrejal Whitewater Rafting, Some of the best white water rafting in Central America can be done right here in La Ceiba. The Cangrejal River offers class II, III and IV rapids, all within a short 45 minutes distance from downtown La Ceiba. With lots of drops, waterfalls, and narrow passages.
- 2) Pico Bonito National Park, Unquestionably one of the most diverse parks in Honduras, Pico Bonito covers an extension of land that goes from sea level to as high as 2,378 meters and in effect boasts the largest change of altitude in Honduras.
- 3) Cuero y Salado Wildlife Refuge, this wildlife refuge is especially dedicated to the preservation of the habitat for the endangered manatee. The park protects about 35 species of animals, including manatees, jaguars, jabirus, whiteface monkeys and other species of monkeys, as well as alligators and a great diversity of fish species. In the afternoon we will transfer to Roatan Island by ferry boat. Overnight at Roatan.

DAY 09 -10



ROATAN

These days you will have free time to enjoy the different activities the Island offers. Roatan is the largest and most developed of the three islands of the Bay Islands, where you can enjoy one of the best dive sites in the Caribbean.

The mountainous terrain of Roatan, in addition to the white sand beaches, turquoise waters, rich marine life, sports activities, theme parks, museums and cruise ship docks. Roatan is best to concentrate on the Caribbean, paradise where summer never ends.

The island is completely surrounded by amazing coral reefs, it's located by the second largest coral reef in the world. Overnights at Roatan.

DAY 11



ROATAN / AIRPORT

Breakfast and leisure to enjoy the beach. At the pre - arranged time, we depart to Roatan International airport to board your flight back to your country.





# GREEN & BLUE MAYAN ROUTE

9 DAYS  
Tour

Guatemala City

Antigua Guatemala

Joya de Cerén

Suchitoto

Copan Ruins

San Pedro Sula

Roatán

## DAY 01



GUATEMALA CITY / ANTIGUA GUATEMALA

Arrival to Guatemala City International Airport. Transfer to Antigua, Guatemala, founded by the Spanish in 1543, it's considered like one of the most beautiful colonial cities in Latin America. It was declared Cultural Heritage of Human Kind by UNESCO. Overnight at Antigua Guatemala.

## DAY 02



ANTIGUA GUATEMALA

After breakfast we will explore the city of Antigua. We will walk through this picturesque city of cobblestone streets; colonial jewel of Central America. We will have an orientation tour including the Cathedral, Main Square main monuments and museums. Afternoon at leisure to discover the city on your own. Overnight at Antigua Guatemala.

## DAY 03



ANTIGUA GUATEMALA / JOYA DE CEREN / SUCHITOTO

After breakfast we leave Guatemala to cross to El Salvador, a country considered to be Central America's hidden treasure. After customs formalities, we arrive at Joya de Cerén, aptly known as the "Pompeii of the Americas".

It is considered to be the most important archeological discovery in Latin America in recent years and declared World Heritage of Human Kind by UNESCO. After the visit, we continue to Suchitoto. Overnight at Suchitoto.

## DAY 04



SUCHITOTO

Breakfast and then we will dedicate the morning to visit El Salvador's most preserved colonial town, important for its indigo trade during the colonial period. Afternoon at leisure for optional activities like taking a walk through the cobblestone streets in between portals and ancient houses or enjoying a pleasant boat ride to watch the sunset by the shores of Lake Suchitlán. Overnight at Suchitoto.

## DAY 05



SUCHITOTO / COPAN RUINS

Early in the morning after breakfast we set out to Honduras. El Salvador's neighboring country, to visit the ruins of Copán; Honduras' most significant pre-Columbian ruins and the most elaborate of all the Mayan cities. We will enjoy a full day to explore its sprawling ball court, the Great Plaza, the Hieroglyphic Stairway – 63 steps with 2,500 symbols carved into stone.

We continue our visit to the Mayan Sculpture Museum and then head out to explore the town of Copán. The rest of the afternoon at leisure to walk through the cobblestone streets and admire this picturesque agricultural town and quaint colonial charm. Overnight at Copan.



# planned HOTELS

FROM CENTRAL AMERICA

## CATEGORIES

### STANDARD

### SUPERIOR

Antigua	Villa Colonial	Porta Antigua
Suchitoto	Posada Suchitlán	Los Almendros de San Lorenzo
Copán	Plaza Copán	Marina Copán
Roatán	Paradise	Paradise
Roatán All Inclusive	Henry Morgan	Las Sirenas

## DESTINATIONS

## tour SERVICES INCLUDES



### DAY 06



### COPAN RUINS / SAN PEDRO SULA / ROATAN

Breakfast and transfer to San Pedro Sula international airport to take flight to Roatan. The rest of the day at Leisure to enjoy the sunny beach. Overnight at Roatan.

### DAY 07 - 08



### ROATAN

These days you will have free time to enjoy the different activities the Island offers. Roatan is the largest and most developed of the three islands of the Bay Islands, where you can enjoy one of the best dive sites in the Caribbean.

The mountainous terrain of Roatan, in addition to the white sand beaches, turquoise waters, rich marine life is awesome, sports activities, theme parks and museums and cruise ship docks. Roatan is best to concentrate on the Caribbean, paradise where summer never ends. Overnights at Roatan.

### DAY 09



### ROATAN

Breakfast and leisure to enjoy the beach. At the pre - arranged time, we depart to Roatan International airport to board your flight back to your country.







# THE BEST OF GUATEMALA AND HONDURAS

## 13 DAYS Tour

Guatemala City | Santiago Atitlan | Panajachel | Chichicastenango | Antigua Guatemala | Petén, Tikal National Park | Flores | Copan Ruins | Tela | La Ceiba | Roatán

### DAY 01

#### GUATEMALA CITY

Reception at Intl Airport La Aurora, assistance and transfer to hotel. Overnight at Guatemala city.

### DAY 02



#### GUATEMALA CITY / SANTIAGO ATITLAN / PANAJACHEL

After breakfast we will transfer to the highlands of Atitlan Lake and arrive to Panajachel to take a boat trip to visit nearby communities including the town of Santiago Atitlan home of the Santo Maya. At the end of these visits we will return by boat to Panajachel. Overnight at Panajachel.

### DAY 03



#### PANAJACHEL - CHICHICASTENANGO\* - ANTIGUA GUATEMALA

(\*Open Thursday and Sunday)

After breakfast we will transfer from Panajachel to Chichicastenango, each Thursday and Sunday, we enjoy the indigenous market most important in the region. We visit the Santo Tomás church and we have free time for shopping and lunch by your own.

Later in the afternoon we will transfer to Antigua Guatemala founded by the Spanish in 1543, it's considered like one of the most beautiful colonial cities in Latin America. It was declared Cultural Heritage of Human Kind by UNESCO. Overnight at Antigua Guatemala.

### DAY 04



#### ANTIGUA GUATEMALA

Breakfast in the hotel and then guided visit in Antigua Guatemala, visiting the 12 main sites like Cathedral, Central Park, Merced Church, etc. free evening. Overnight at Antigua Guatemala.

### DAY 05



#### ANTIGUA GUATEMALA / PETEN, TIKAL NATIONAL PARK

Early morning transfer to airport for flight to the city of Flores. Arrival to Mundo Maya Peten Airport and transfer to Tikal National Park for tour with picnic lunch included. At the end of the afternoon transfer to Flores. Overnight at Flores.

AIR TICKET GUATEMALA - FLORES - GUATEMALA INCLUDED (RT)

### DAY 06



#### FLORES / GUATEMALA CITY

Breakfast in the hotel. Free day to visit other archaeological sites, Yaxha, Ceibal Aguateca, etc. In the afternoon transfer to Mundo Maya airport for flight to Guatemala city. (Option return early and panoramic city) Overnight at Guatemala city.

### DAY 07



#### GUATEMALA CITY / COPAN RUINS

Breakfast in Guatemala and transfer to Copán Ruins. The rest of the afternoon at leisure to walk through the cobblestone streets and admire this picturesque agricultural town and quaint colonial charm. Overnight at Copan.



# planned HOTELS

CATEGORIES

STANDARD

SUPERIOR

DESTINATIONS

	STANDARD	SUPERIOR
Guatemala	Crown Plaza	Radisson
Atitlán	Jardines del Lago	Portal del Lago
Antigua	Villa Colonial	Camino Real Antigua
Petén	Villa Maya	Camino Real Tikal
Copán	Plaza Copán	Marina Copán
Tela	Cesar Mariscos	Telamar
Roatán	Paradise	Paradise
Roatán All Inclusive	Henry Morgan	Las Sirenas

## tour SERVICES INCLUDES



DAY 08



COPAN RUINS

Breakfast and transfer to the Main Archaeological Site, the Acropolis, the Ball Court, the Hieroglyphic Stairway and the Great Plaza of the Stelae; as well as the Museum of Mayan Sculpture, acclaimed by experts as unique in the Mayan World. A masterpiece within the museum is the exact size replica of the famed Rosalila Temple, discovered in 1989.

In the afternoon, you will have the choice between two tours: 1) Hacienda San Lucas this restored 100 year old farmhouse you will relax enjoying some breath taking lovely views of town and the valley while enjoying a refreshing cold beverage or a savoury cup of Honduran coffee you will take a horseback riding or hiking where you will visit the small archaeological site known as Los Sapos, 2) Macaw Mountain Bird Park, is an innovative tropical bird reserve in Copán Ruins that cares for rescued and endangered birds of the American tropics.

It offers a first class experience in an unspoiled part of the world. Here you learn about and interact with the intelligent, colorful birds of Central America. Overnight in Copán.

DAY 09



COPAN RUINS / TELA

Breakfast and departure to Tela. On the way, you will stop at Finca Santa Isabel for the Copan Coffee Tour. Here you will hike downhill through nice trails and see with your own eyes the process of growing, harvesting and roasting coffee, the traditional shaded grown way, from the plant nursery to the last processing of the coffee beans. You will have lunch at a nice venue within the forest, close to a small waterfall. After lunch, transfer to Tela. Overnight at Tela.

DAY 10



TELA / LA CEIBA / ROATAN

After breakfast we will transfer to La Ceiba and you will have the choice between three tours: 1) Cangrejal Whitewater Rafting, Some of the best white water rafting in Central America can be done right here in La Ceiba. The Cangrejal River offers class II, III and IV rapids, all within a short 45 minutes distance from downtown La Ceiba. With lot's of drops, waterfalls, and narrow passages.

2) Pico Bonito National Park, Unquestionably one of the most diverse parks in Honduras, Pico Bonito covers an extension of land that goes from sea level to as high as 2,378 meters and in effect boasts the largest change of altitude in Honduras.

3) Cuero y Salado Wildlife Refuge, this wildlife refuge is especially dedicated to the preservation of the habitat for the endangered manatee. The park protects about 35 species of animals, including manatees, jaguars, jabirus, whiteface monkeys and other species of monkeys, as well as alligators and a great diversity of fish species. In the afternoon we will transfer to Roatán Island by ferry boat. Overnight at Roatán.

DAY 11 - 12



ROATAN

These days you will have free time to enjoy the different activities the Island offers. Roatán is the largest and most developed of the three islands of the Bay Islands, where you can enjoy one of the best dive sites in the Caribbean. The mountainous terrain of Roatán, in addition to the white sand beaches, turquoise waters, rich marine life, sports activities, theme parks, museums and cruise ship docks. Roatán is best to concentrate on the Caribbean, paradise where summer never ends. The island is completely surrounded by amazing coral reefs, it's located by the second largest coral reef in the world.

DAY 13



ROATAN / AIRPORT

Breakfast and leisure to enjoy the beach. At the pre - arranged time, we depart to Roatan International airport to board your flight back to your country.





# TREASURES OF CENTRAL AMERICA

## 14 DAYS Tour

Guatemala City Panajachel Lake Atitlán Chichicastenango Santiago Atitlán Antigua Guatemala Joya de Cerén Suchitoto Copan Ruins Tela La Ceiba Roatán

### DAY 01

#### GUATEMALA CITY

Arrival to Guatemala City International Airport, capital of Guatemala City and the Mayan World. Transfer to the hotel. Overnight at Guatemala city.

### DAY 02



#### GUATEMALA CITY / PANAJACHEL, LAKE ATITLAN

After breakfast we will departure to the high lands of Guatemala. On our way, we will visit the archeological site of Iximche, ancient Mayan capital of the Cakchiquel Kingdom. We will then continue to Lake Atitlán surrounded by three volcanoes that give shelter to twelve indigenous towns. Overnight at Panajachel.

### DAY 03



#### PANAJACHEL / CHICHICASTENANGO / PANAJACHEL

Early in the morning after breakfast we travel to Chichicastenango, indigenous town of the Guatemalan Highlands where the largest and most colorful outdoor market operates on Thursdays and Sundays. City tour and the rest of the afternoon at leisure. Afterwards, we will return to Panajachel. Overnight at Panajachel.

### DAY 04



#### PANAJACHEL / SANTIAGO ATITLAN / ANTIGUA GUATEMALA

Breakfast and then transfer by boat to the indigenous town of Santiago Atitlán, inhabited by the zutuhiles natives who are engaged in finishing and crafts. After a great tour of the lake, we return to Panajachel and continue our way towards Antigua, Guatemala declared by UNESCO Cultural Heritage of Human Kind. Orientation tour upon arrival including visit to the Cathedral, Main Square, main monuments and museums. Overnight at Antigua Guatemala.

### DAY 05



#### ANTIGUA GUATEMALA

Breakfast and day at leisure to explore on your own this picturesque city of cobblestone streets; colonial jewel of Central America. Some optional activities include an excursion to the Pacaya Volcano or a visit to a coffee plantation, or simply enjoy the amenities of your hotel. Overnight at Antigua Guatemala.

### DAY 06



#### ANTIGUA GUATEMALA / JOYA DE CEREN / SUCHITOTO

After breakfast we leave Guatemala to cross to El Salvador. A country considered to be Central America's hidden treasure. After customs formalities, we arrive at Joya de Cerén, aptly known as the "Pompeii of the Americas". It is considered to be the most important archeological discovery in Latin America in recent years and declared World Heritage of Human Kind by UNESCO. After the visit, we continue to Suchitoto. Overnight at Suchitoto.

### DAY 07



#### SUCHITOTO

Breakfast and then we will dedicate the morning to visit El Salvador's most preserved colonial town, important for its indigo trade during the colonial period. Afternoon at leisure for optional activities like taking a walk through the cobblestone streets in between portals and ancient houses or enjoying a pleasant boat ride to watch the sunset by the shores of Lake Suchitlán. Overnight at Suchitoto.



# planned HOTELS

CATEGORIES

STANDARD

SUPERIOR

Guatemala	Barceló	Vista Real
Atitlan	Villa Santa Catarina	Portal del Lago
Antigua	Villa Colonial	Camino Real Antigua
Suchitoto	Posada de Suchitlán	Las Puertas
Copán	Plaza Copán	Marina Copán
Tela	Cesar Mariscos	Telamar
Roatán	Paradise	Paradise
Roatán All Inclusive	Henry Morgan	Las Sirenas

DESTINATIONS

## tour SERVICES INCLUDES



DAY 08



SUCHITOTO / COPAN RUINS

Early in the morning after breakfast we set out to Honduras. El Salvador's neighboring country. The rest of the afternoon at leisure to walk through the cobblestone streets and admire this picturesque agricultural town and quaint colonial charm. Overnight at Copán

DAY 09



COPAN RUINS

Breakfast and transfer to the Main Archaeological Site, the Acropolis, the Ball Court, the Hieroglyphic Stairway and the Great Plaza of the Stelae; as well as the Museum of Mayan Sculpture, acclaimed by experts as unique in the Mayan World. A masterpiece within the museum is the exact size replica of the famed Rosalila Temple, discovered in 1989.

In the afternoon, you will have the choice between two tours: 1) Hacienda San Lucas this restored 100 year old farmhouse you will relax enjoying some breath taking lovely views of town and the valley while enjoying a refreshing cold beverage or a savoury cup of Honduran coffee you will take a horseback riding or hiking where you will visit the small archaeological site known as Los Sapos, 2) Macaw Mountain Bird Park, is an innovative tropical bird reserve in Copán Ruins that cares for rescued and endangered birds of the American tropics. It offers a first class experience in an unspoiled part of the world. Here you learn about and interact with the intelligent, colorful birds of Central America. Overnight in Copán.

DAY 10



COPAN RUINS / TELA

Breakfast and departure to Tela. On the way, you will stop at Finca Santa Isabel for the Copan Coffee Tour. Here you will hike downhill through nice trails and see with your own eyes the process of growing, harvesting and roasting coffee, the traditional shaded grown way, from the plant nursery to the last processing of the coffee beans. You will have lunch at a nice venue within the forest, close to a small waterfall. After lunch, transfer to Tela. Overnight at Tela.

DAY 10



TELA / LA CEIBA / ROATAN

After breakfast we will transfer to La Ceiba and you will have the choice between three tours: 1) Cangrejal Whitewater Rafting, Some of the best white water rafting in Central America can be done right here in La Ceiba. The Cangrejal River offers class II, III and IV rapids, all within a short 45 minutes distance from downtown La Ceiba. With lots of drops, waterfalls, and narrow passages.

2) Pico Bonito National Park, Unquestionably one of the most diverse parks in Honduras, Pico Bonito covers an extension of land that goes from sea level to as high as 2,378 meters and in effect boasts the largest change of altitude in Honduras.

3) Cuero y Salado Wildlife Refuge, this wildlife refuge is especially dedicated to the preservation of the habitat for the endangered manatee. The park protects about 35 species of animals, including manatees, jaguars, jabirus, whiteface monkeys and other species of monkeys, as well as alligators and a great diversity of fish species. In the afternoon we will transfer to Roatán Island by ferry boat. Overnight at Roatán.

DAY 12 - 13



ROATAN

These days you will have free time to enjoy the different activities the Island offers. Roatán is the largest and most developed of the three islands of the Bay Islands, where you can enjoy one of the best dive sites in the Caribbean. The mountainous terrain of Roatán, in addition to the white sand beaches, turquoise waters, rich marine life, sports activities, theme parks, museums and cruise ship docks. Roatán is best to concentrate on the Caribbean, paradise where summer never ends. The island is completely surrounded by amazing coral reefs, it's located by the second largest coral reef in the world. Overnights at Roatan.

DAY 14



ROATAN / AIRPORT

Breakfast and leisure to enjoy the beach. At the pre-arranged time, we depart to Roatan International airport to board your flight back to your country.





*Visit us at:*

***[hondurastraveling.hn](http://hondurastraveling.hn)***

*Offices Honduras*



info@hondurastraveling.hn  
Tel. 00 504 2221-6141  
Cel. 00 504 9445-9970

[hondurastraveling.hn](http://hondurastraveling.hn)

*Offices El Salvador*



info@enjoyitca.com  
Tel. 00 503 2522-2854  
Tel. 00 503 7729-0644

[enjoyitca.com](http://enjoyitca.com)